

MEDICATION CHECKLIST

The following medications can thin your blood:

- Apixaban – “Eliquis”
- Aspirin – “Aspro” “Astrix” “Cardiprin” “Cartia” “Solprin”
- Clopidogrel – “Plavix” “Iscover”
- Dabigatran – “Pradaxa”
- Dalteparin – “Fragmin”
- Dipyridamole – “Persantine” “Asasantin”
- Enoxaparin – “Clexane”
- Fondaparinx – “Arixtra”
- Heparin
- Prasugrel – “Effient”
- Rivaroxaban – “Xarelto”
- Ticlopidine – “Tilodene”
- Warfarin – “Coumadin” “Marevan”

The following supplements can thin your blood:

- Omega oil – Fish oil, Krill oil.
- Garlic
- Ginger
- Gingko biloba
- Ginseng
- St Johns wort
- Vitamin E